

WELCOME TO GRIFFIN SAFETY TRAINING

Latest Blog

Research finds common antidepressants are more effective at reducing symptoms of acute depression than placebos. But is that necessarily the right way to go? What role should the employer play? Find out more here:

["It's official - antidepressants do work!"](#)

Outstanding results for recent courses!

We are very proud of our IOSH course delegates who have achieved the following excellent results for IOSH Managing Safely and IOSH Leading Safely:

- **IOSH Managing Safely:**
100% pass rate
- **IOSH Leading Safely:**
100% pass rate

Corporate Manslaughter

Want to be informed about Corporate Manslaughter and the new sentencing guidelines for health and safety offences?

[Find out more »](#)



Time to create a mentally healthy workplace

Just as a dangerous working environment can be damaging to your workers' physical health, a toxic work environment can be corrosive to your workers' mental health. It's your duty in your role as a business owner and/or employer to create a safe and harmonious workplace. Good management and employee happiness go hand in hand and it will probably come as no surprise to learn that addressing general wellbeing at work increases productivity by as much as 12%.

For tips on how you can support mental health at work [download the free guide](#) from the Mental Health Foundation for how you can:

- Value mental health and wellbeing as core assets of your organisation
- Support the development of compassionate and effective line management relationships
- Address discrimination
- Value the diversity and transferable skills that someone who has had a direct experience of mental health problems brings.



IOSH Managing Safely

IOSH Managing Safely

Want an effective view of safety management to prevent accidents, reduce loss and maintain profits?

Find out more »

About Us

Wise and trusted safety training partner, offering reasonably priced courses with experienced, best-in-class trainers.

Why Us

Outstanding, cost-effective training presented by highly qualified and experienced professionals with a high pass rate on our courses.

To find out more:

Call 07941 670 296 or email info@griffinsafetytraining.co.uk now.

Variety is the Spice of Life!

March has been a very busy and productive month and not even the arctic weather has managed to disrupt me in my quest to deliver high quality and practical safety training courses to a wealth of businesses across the UK.

The beginning of the month saw me in London teaching the NEBOSH Diploma, with a slightly modified journey home thanks to the snow. From there it was a slightly hairy drive up to Carlisle where I taught health and safety law.

This week has seen me marking NEBOSH Certificate practical assessments and exams, as well as NEBOSH Diploma Unit D and DNI assignments. Some fantastic work there! In addition, I have been busy designing a new course on 'Legionella Awareness' (watch this space) and delivering a Legal Update session for two groups at the Royal Borough of Greenwich Council, in London.

Tomorrow sees me flying off to Kathmandu for my trek to Everest Base Camp. Don't worry - I've assessed the risk! Wish me luck!

